



PRESS RELEASE

VERO ENERGY INC. ANNOUNCES FILING OF ITS 2009 YEAR END DISCLOSURE DOCUMENTS

CALGARY, ALBERTA, March 29, 2010 – Vero Energy Inc. ("Vero") (TSX – VRO) today filed its Annual Information Form which includes Vero's statement of reserves data and other oil and gas information for the year ended December 31, 2009 as mandated by National Instrument 51-101 Standards of Disclosure for Oil and Gas Activities of the Canadian Securities Administrators.

Vero has already filed its audited financial statements for the year ended December 31, 2009 and related management's discussion and analysis with Canadian Securities Regulatory Authorities. Copies of Vero's 2009 year end disclosure documents may be obtained at www.sedar.com ; by visiting the Vero website at www.veroenergy.ca, or by contacting Vero directly.

Vero Energy Inc. is a Calgary based oil and natural gas exploration and development company. Vero's common shares trade on The Toronto Stock Exchange under the symbol "VRO".

For further information, please contact:

Doug Bartole, President & CEO, at (403) 218-2063

Gerry Gilewicz, Vice-President Finance & CFO, at (403) 693-3170

Scott Koyich, Investor Relations, (403) 215-5979

Website: www.veroenergy.ca

**NOT FOR DISTRIBUTION TO U.S. NEWS WIRE SERVICES OR FOR
DISSEMINATION IN THE UNITED STATES.**